



Total Courage Joins the Lumberjacks!

Dee Daugherty, Parker Schenecker and Greg Foster enjoyed a great visit to the oldest city in Texas, Nacogdoches! As guests of the legendary Stephen F. Austin University Head Track & Field Coach, Phil Olson, the **TC** team enjoyed a down home catfish dinner with the Coaches followed by a day observing practice and meeting all of the athletes.



That evening Dee introduced Parker to the team and they were spellbound by his personal story of resilience, remembrance and the value of upholding promises and commitments.



Later Dee introduced World Champ and Olympian Greg Foster who captivated everyone with his amazing story of mental, emotional, spiritual and physical endurance both on and off the track over a career that spanned two decades competing at the highest level in the world of track and field!



Dee wrapped up the evening by reminding everyone that 10% of your life is comprised of things that happen to you, but 90% of your life is devoted to how you respond to that 10%. He tied in the personal examples of Parker and Greg with a clear approach...*Lead a Life of Character!*

TotalCourage and Stephen F. Austin University look forward to kicking off a dynamic 2018/2019 Academic Year in September.

'Axe 'em Jacks!!!

