



TotalCourage is proud to welcome Character Coach Greg Foster to our team. Greg was a four-time NCAA national champion (110 meter hurdles and 200 meter dash) as well as an Olympic Silver Medalist and five-time World Champion in the hurdles.



<http://www.usatf.org/HallOfFame/TF/showBio.asp?HOFIDs=58>

Greg joined Founder and Executive Director Dee Daugherty and Character Coach Parker Schenecker for a 3-day visit with coaches and over 110 Track and Field athletes at the University of Southern California and California State-Los Angeles.

<https://totalcourage.org/team/>



https://www.youtube.com/watch?v=y_3Vqlid0Uo

Team TC was able to help student-athletes and coaches focus on *Winning With Character*. Parker and Greg shared their incredible stories of resilience, gratitude, and endurance.



"I am honored that you chose the Golden Eagle Family. I am very thankful!!"

- Tina Fernandes, Cal State-LA Head Track and Field Coach



"We are so grateful for TotalCourage. Your message is real and our athletes respect your sacrifices. You all care by walking around!" – Dan Lange, USC Throws Coach

