



TOTALCOURAGE BEARS DOWN IN THE DESERT!



The **TotalCourage** team kicked off 2019 with a compelling message of resilience, endurance, and selflessness. It was a tremendous visit with the talented men and women of the University of Arizona Track and Field Team.

Parker delivers an inspirational message about the value of making a promise to oneself and to others and the importance of upholding those promises.



The **TotalCourage** team was hosted by the outstanding Director of Cross Country and Track & Field, Fred Harvey. Coach Harvey's emphasis on Winning with Character has created a legacy of excellence! Olympian Greg Foster shared his powerful story of personal endurance.

The **TotalCourage** team enjoys CBWA, "caring by walking around!" Here we see Dee observing the Wildcats men and womens throws team. The **TotalCourage** character coaches are honored to be a small part of the Wildcat leadership and character program.

